



We are envisioning a stronger, healthier, and much happier generation growing up in our community. We want to invest in them. When we sponsor a team, we do an Injury Prevention and Athletic Safety presentation/demonstration with the team and their parents - ideally at the end of the preseason meeting. We want the athletes we sponsor to have a successful season and be educated on how they can perform at their best. The presentation is typically around 10-12 minutes. We are involved in an organization called Team Doc to help support local athletic teams. There are now 12 clinics that are a part of Team Doc across the country.

Sponsorship Includes:

- Free Functional Movement Screening for All Players
 - All professional and collegiate athletes use this screening tool to help prevent injuries and get a baseline of the athlete's movements. There are 7 total functional movements that track all necessary ranges of motion of the athlete.
- Free 60 minute massage for all coaches
- Amount of sponsorship money is based on the amount of athletes

Please email Amieb@8ww.com for questions, more information and to set up your Injury prevention and Athletic safety talk!

Yours in health,

Amie Brett-Johnson

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